PLB
PRODUCTIVE LIVING BOARD

Funded Services Overview

(314) 726-6016
www.plboard.com

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PLB
PRODUCTIVE LIVING BOARD

Productive Living Board (PLB) empowers people throughout their lifetime by investing property tax dollars in a spectrum of carefully selected services that make a difference in people's lives.

Who is PLB?

PLB was created by taxpayers in 1979 when St. Louis County voters passed a tax levy to fund services for people with intellectual and developmental disabilities (IDD). PLB distributes those tax dollars to local partner agencies that provide services for people with IDD who live in St. Louis County. PLB strives to understand and meet local community needs.

Who is eligible for PLB-funded services?

Anyone wishing to access services must have a qualifying developmental disability. This includes people with a diagnosis of Intellectual disability, cerebral palsy, autism, epilepsy, or learning disabilities related to brain dysfunction that:

- Results in substantial functional limitations in two or more of the following areas of major life activities:
  - Self-care
  - Receptive and expressive language development
  - Learning
  - Self-direction
  - Capacity for independent living or economic self-sufficiency
  - Mobility
- Manifested before the age of 22
- Is likely to continue for a lifetime

To access PLB-funded services, people with IDD do <u>not</u> need to receive Targeted Case Management (Service Coordination) through the Missouri Department of Mental Health's Division of Developmental Disabilities Regional Office or the Center for Human Services.

How do people access PLB-funded services?

People contact the agencies of their choosing to access the services they are interested in.

If the person has a Medicaid Waiver through the Missouri Department of Mental Health's Division of Developmental Disabilities, contact their Service Coordinator (also known as a Case Manager, or Support Coordinator) to discuss whether the service is available through the Medicaid Waiver.

Community Living

services help people learn skills so they can live where they choose and be a part of their community.

Pre-Independent Supported Living Assistance (Pre-ISLA)

supports people 18 years of age and older who currently live with their family and want to prepare to move into their own home. People learn the skills needed to live on their own and participate in the community as they choose. Services are time-limited and are provided in the home and community.

Bridges Community Support Services 3155 Sutton Boulevard Suite 201 Maplewood, MO 63143 (314) 781-7900	St. Louis Arc 1177 N. Warson Road St. Louis, MO 63132 (314) 569-2211	Rise Services, Inc. 11828 Lackland Road St. Louis, MO 63146 (314) 983-9230
Easterseals Midwest 11933 Westline Industrial Drive St. Louis, MO 63146 (314) 394-7100	Sunnyhill, Inc. 14 Soccer Park Road Fenton, MO 63026 (314) 845-3900	United Cerebral Palsy (UCP) Heartland 4645 LaGuardia Drive St. Louis, MO 63134 (314) 994-1600

Independent Supported Living Assistance (ISLA)

supports people 18 years of age and older living independently in the community. Up to 50 hours of services per month support learning and using skills to help ensure they will continue successfully living on their own and participating in the community as they choose. Services are provided in the person's home and community.

Bridges Community Support Services 3155 Sutton Boulevard Suite 201 Maplewood, MO 63143 (314) 781-7900	St. Louis Arc 1177 N. Warson Road St. Louis, MO 63132 (314) 569-2211	United Cerebral Palsy (UCP) Heartland 4645 LaGuardia Drive St. Louis, MO 63134 (314) 994-1600
Easterseals Midwest 11933 Westline Industrial Drive St. Louis, MO 63146 (314) 394-7100	Sunnyhill, Inc. 14 Soccer Park Road Fenton, MO 63026 (314) 845-3900	

Community Integration

services help people learn new skills, make friends, and be included in the community.

Camp Services

support people to participate in recreational activities.

Gateway Region YMCA 2815 Scott Avenue, Suite D St. Louis, MO 63103 (314) 436-1177	YMCA camps provide inclusive camp experiences for school-aged children. Additional staff support is provided to the child while at camp, based on their individualized needs. Services are offered on-site at the camp location.
Jewish Community Center Main Campus: #2 Millstone Campus Drive St. Louis, MO 63146 (314) 432-5700 16801 Baxter Road Chesterfield, MO 63005 (314) 432-5700	The Summer Day Camp program provides inclusive options for children aged 3 to 13 years at locations in Chesterfield and Creve Coeur. Services are individualized to meet the needs of each camper. Services are provided at the campsite.
St. Louis Arc 1177 N. Warson Road St. Louis, MO 63132 (314) 569-2211	The R&R program provides a weekend of recreation and camping for people ages 13 and older at a retreat center in St. Louis County. Services are individualized to meet the needs of each camper.
The Recreation Council of Greater St. Louis 11457 Olde Cabin Road, Suite 235 St. Louis, MO 63141 (314) 726-6044	Camp vouchers provide financial assistance for people to attend camps. Vouchers are available to people of all ages.
United Cerebral Palsy (UCP) Heartland 4645 LaGuardia Drive St. Louis, MO 63134 (314) 994-1600	The Summer Day Camp provides specialized options for children aged 6 to 20 years at a church in Ferguson. Services are provided in two groups, based on the age of campers. Activities vary by day and week and take place both onsite and in the community.

Socialization Services

support people in developing and/or maintaining relationships and connections to their community. These services are targeted and goal-oriented to increase community involvement and help people become active community members.

Association on Aging with Developmental Disabilities 2385 Hampton Avenue, #110 St. Louis, MO 63139 (314) 647-8100	Social Club is a group socialization program for people 21 years and older that meets on Saturdays. Services are provided at various locations in the community. Transportation may be available.
Gateway Region YMCA 2815 Scott Avenue, Suite D St. Louis, MO 63103 (314) 436-1177	The Adaptive Fitness/Swim program provides fitness instruction and support to people of all ages at YMCA branches throughout St. Louis County. Instruction is provided one-to-one and is individualized based on the individual's fitness goals.
Jewish Community Center Main Campus: #2 Millstone Campus Drive St. Louis, MO 63146 (314) 432-5700 16801 Baxter Road Chesterfield, MO 63005 (314) 432-5700	Life Enrichment services provide one-to-one and group supports to people who want to access any program at both locations. Supports are provided to people of all ages and are geared towards the individual's personal goals.
LifeBridge Partnership 11457 Olde Cabin Road, Suite 235 St. Louis, MO 63141 (314) 989-1188	The Out and About program provides social skills training to increase participation in the community. Services provided are in group settings and are available to those who have completed high school. Community locations vary depending on the activity offered. Transportation may be available.
Pathways to Independence 11457 Olde Cabin Road, Suite 235 St. Louis, MO 63141 (314) 863-0202	The Skills Development program supports people aged 16 and older in developing social and relationship skills. People are supported in building these skills through classes, workshops, and events in the community, virtually or at the Pathways to Independence office.
The Recreation Council of Greater St. Louis 11457 Olde Cabin Road, Suite 235 St. Louis, MO 63141 (314) 726-6044	Recreation vouchers support people of all ages in identifying various recreational opportunities and provide financial assistance for people to participate in recreation programs. They can be used for the following: • Attending community recreation programs for people of all ages • Obtaining personal care assistance to attend community recreation programs for people of all ages • Adventure programs for people aged 18 years or older • Summer socialization for school-aged children • After-school extended day or school break care, while parents are working, for people 10-21 years of age Recreation Council also partners with Parks and Recreation departments across the greater St. Louis area, who have an Inclusion Facilitator to support people with developmental disabilities in actively engaging in existing parks and recreation programs.

Retirement Support Services

support adults in developing and/or maintaining relationships and connections to their community and health, safety, and fulfillment in their retirement years.

Association on Aging with Developmental Disabilities 2385 Hampton Avenue, #110 St. Louis, MO 63139 (314) 647-8100	Retirement Support Group supports people aged 50 and older who are participating in group activities at established programs at local senior centers. The program operates at two senior centers, one in North County and one in South County. The Transitional Retirement program supports people aged 50 and older in preparing for retirement and choosing and using older adult services and supports in the community. The location of the service is based on an individual's retirement interests.

Professional Services

help people feel better, both physically and emotionally, by offering helpful tools, therapy, and support so they can be more involved in their community.

Therapy (e.g., aquatic, equine, etc.) Services

support people in accessing qualified occupational, physical, speech, and equine and/or behavioral therapy professionals.

The Recreation Council of Greater St. Louis 114757 Olde Cabin Road, Suite 235 St. Louis, MO 63141 (314) 726-6044	The CARES Extension voucher provides financial assistance to support people of all ages in participating in therapeutic programs that are recreational in nature. Some examples include art therapy, equine therapy, and music therapy. Locations vary based on the type of services the individual chooses.
TREE House of Greater St. Louis 332 Stable Lane Wentzville, MO 63385 (636) 332-4940	Equine Therapy provides equine-assisted services to people of all ages to maintain and/or improve health. Services are offered on-site in Wentzville, MO, in an indoor arena, and outside in their outdoor arena, sensory trail networks, and nature area.

Counseling (e.g., Individual, Family) Services

support people and families in accessing qualified professionals to address emotional well-being.

Bridges Community Support Services 3155 Sutton Boulevard, Suite 201 Maplewood, MO 63143 (314) 781-7900	Counseling is provided to all ages, for both individual and family counseling sessions. Insurance is billed first when available. Counseling sessions are offered in-person at their Maplewood location or may be virtual.
Epworth Children and Family Services, Inc. 7520 Natural Bridge Rd. St. Louis, MO 63121 (314) 961-5718	Counseling services are designed to help safely maintain children at risk of abuse/neglect in their natural family homes. Services are provided to children with developmental disabilities aged 18 or younger, or for a parent with a developmental disability. Sessions are typically held once a week for one hour either within the family's home, community setting, or virtually.

Adaptive Equipment & Enabling and Assistive Technology Services

support people and families by providing equipment, technology, vehicle and/or home modifications to grow a person's ability to get around their home and in their community safely and independently.

Rise Services, Inc. 11828 Lackland Road St. Louis, MO 63146 (314) 983-9230	People of all ages may request a professional assessment to determine their adaptive equipment and/or assistive technology needs. Other services may include funding for maintenance and repairs, home modifications, vehicle modifications, adaptive equipment, etc. Services address health and safety concerns and increase or maintain accessibility, mobility, and independence.
United Cerebral Palsy (UCP) Heartland 4645 LaGuardia Drive St. Louis, MO 63134 (314) 994-1600	People of all ages may request a professional assessment to determine their adaptive equipment and/or assistive technology needs. Other services may include funding for maintenance and repairs, home modifications, vehicle modifications, adaptive equipment, etc. Services address health and safety concerns and increase or maintain accessibility, mobility, and independence.
Variety the Children's Charity of St. Louis 11840 Westline Industrial Drive, Suite 220 St. Louis, MO 63146 (314) 720-7700	Adaptive equipment, assistive technology, vehicle modifications, sensory equipment, etc., are available to children, 21 years of age and younger, to address health and safety needs and increase accessibility, mobility, and independence. To be eligible for this program, families must provide documentation to demonstrate financial need.

Support Systems

services such as in-home support, education, and advocacy strengthen the individual's family as a whole and provide the caregivers with needed information and respite.

Family Support Services

support people and families through education, training, parent-to-parent connections, and linking to financial resources.

Delta Gamma Center for Children with Visual Impairments 1750 South Big Bend Boulevard Richmond Heights, MO 63117 (314) 776-1300	Services support children with visual impairments from birth through high school, as well as their families, through individual and group education, support groups, and adapted recreational and leisure activities. Location of services varies based on the activity.
Gateway Down Syndrome Association 1201 Hanley Industrial Court, Suite A Brentwood, MO 63144 (314) 961-2504	Services support families who have a loved one with Down Syndrome from birth throughout their lifespan through education, training, and advocacy. Services are provided at various locations depending on the individual's and/or family's needs and preferences.
Easterseals Midwest 11933 Westline Industrial Drive St. Louis, MO 63146 (314) 394-7100	Individual and/or group services provide education, training, school advocacy, and support groups for parents and siblings of a loved one with Autism or Social Pragmatic Language Disorder (SPLD). Services support families of people from toddlers through adults who have a diagnosis of Autism or SPLD and may be provided in a variety of settings based on the family's needs and preferences.
F.A.C.T. - Family Advocacy and Community Training 2240 Bluestone Drive St. Charles, MO 63303 (636) 949-2425	Services empower families to achieve their definition of a good life by providing informational support, emotional support, and helping them connect to other services. While there are no age restrictions, F.A.C.T. supports families that include a child with a disability. Services may be provided in various settings based on the family's needs and preferences.
St. Louis Arc 1177 N. Warson Road St. Louis, MO 63132 (314) 569-2211	NextED program provides opportunities for young adults, 18 to 30 years of age, to learn and enhance skills needed to live in the community, in a living situation of their choice. The program offers coaching, training, family capacity building, technology, and peer community connections. Services take place at the Arc office, in the community, or virtually.

Family Navigation Services

services provide people with the support needed to navigate the developmental disability service systems and support them to find resources, access programs, and self-advocate.

For more detailed information, refer to the Family Navigation flyer on page 21.

Easterseals Midwest	Sunnyhill, Inc.	St. Louis Arc	United Cerebral Palsy (UCP) Heartland
11933 Westline Industrial Drive St. Louis, MO 63146 (314) 394-7100	14 Soccer Park Road Fenton, MO 63026 (314) 845-3900	1177 N. Warson Road St. Louis, MO 63132 (314) 569-2211	4645 LaGuardia Drive St. Louis, MO 63134 (314) 994-1600

Childcare Services

support children who require additional staff support to fully participate in school break programs and before and after-school childcare.

Gateway Region YMCA 2815 Scott Avenue, Suite D St. Louis, MO 63103 (314) 436-1177	Before and after school care for children aged 5 to 12 at Y Club before and after school care sites in St. Louis County. Additional staff support is provided to the child while at Y Club, based on their individualized needs.

Advocacy Services

provide education and promote equality, rights, and respect for people with developmental disabilities.

Easterseals Midwest 11933 Westline Industrial Drive St. Louis, MO 63146 (314) 394-7100	Self-Determination in Action supports people 17 years of age and older to increase self-advocacy and self-determination skills through an educational, mentoring, and leadership training program. The program includes three separate courses, with each successive course building on the last, and may take place at ESMW's office, locations in the community, or in schools.
F.A.C.T. - Family Advocacy and Community Training 2240 Bluestone Drive St. Charles, MO 63303 (636) 949-2425	The Educational Advocacy program supports and assists families in learning about and navigating the special education system. Educational Advocacy is provided to families that include school-age children with developmental disabilities, and may take place at the F.A.C.T. office, at the child's school, or virtually.
Paraquad, Inc. 5240 Oakland Avenue St. Louis, MO 63110 (314) 289-4200	People First is a nationwide self-advocacy organization led by people with developmental disabilities who empower each other to reach self-advocacy goals and promote equity and inclusion so members can live the life they want in the community. They also advocate for community and systems change to ensure necessary services, supports, and opportunities are in place for people with disabilities to live their best lives. People First is available to adults 18 and older. Meetings take place monthly, on Saturdays, at Paraquad.

Epilepsy Foundation of Missouri and Kansas 222 South Meramec Avenue, Suite 202-105 St. Louis, MO 63105 (314) 781-4949	Services provide training on how to recognize types of seizures, how to provide first aid, how to recognize when a seizure is a medical emergency, and how to provide social and emotional support to people who experience seizures. Trainings may take place in the community or virtually and are targeted toward people with Epilepsy and/or their families, first responders, places of employment, medical professionals, school personnel, and anyone who wants to know more about Epilepsy.
Options for Justice 11457 Olde Cabin Road, Suite 235 St. Louis, MO 63141 (314) 721-6161	Services support people with criminal justice involvement in navigating the criminal justice system and connecting to other resources and supports. Participants are typically 17 years or older, though Options for Justice will support people who are 15 or 16 years old and have a legal guardian. Services are provided at various locations, depending on each individual's circumstances.

Education Support Services

support people in gaining the knowledge and skills necessary to understand their own developmental disabilities, pursue personal interests, and build healthy relationships with others.

Bridges Community Support Services 3155 Sutton Boulevard, Suite 201 Maplewood, MO 63143 (314) 781-7900	The Sexual Health and Disability Education (SHADE) program offers classes that teach abuse prevention skills and empower people with IDD to build healthy relationships. SHADE will adapt the curriculum based on the age group and audience receiving services. Groups typically take place in Maplewood but can be arranged with agencies at various locations (SSD sites, employment training sites, camps, etc.). SHADE also serves families, caregivers, staff, emergency responders, and other helping professionals who provide services to people with disabilities.
Easterseals Midwest 11933 Westline Industrial Drive St. Louis, MO 63146 (314) 394-7100	Educational and social groups for people of all ages who have a diagnosis of Autism or Social Pragmatic Language Disorder (SPLD) and are seeking additional opportunities to enhance their communication and social skills. The groups vary by age, and activities may take place at ESMW's office or in the community.
Epilepsy Foundation of Missouri and Kansas 222 South Meramec Avenue, Suite 202-105 St. Louis, MO 63105 (314) 781-4949	Independent living services for people 18 years of age and older who have a diagnosis of epilepsy, by providing epilepsy-specific assistance. Staff meet with the individual in their home, community, or virtually and support people with things like medication training, behavior modification, crisis management, seizure safety and management, and developing plans for independence.
Paraquad, Inc. 5240 Oakland Avenue St. Louis, MO 63110 (314) 289-4200	The Continuing Education (CE) program offers a diverse range of courses that promote the growth of independent living skills needed to succeed at work and in the community. Services are available to people 16 or older. CE provides instruction in a variety of settings, the majority of which are on-site at Paraquad. Some educational offerings are better served off-site, such as culinary education. Transportation options may be available.
St. Louis Arc 1177 N. Warson Road St. Louis, MO 63132 (314) 569-2211	Launch provides opportunities for teens and young adults, 16 to 30 years of age, to successfully transition from high school to adhulthood and plan for their future. The program offers classes and coaching sessions to enchance skills for independent living. Services take place at the Arc office, in the community, or virtually.

In-Home Support Services *(Respite)*

provide intermittent, short-term breaks to the primary caregivers. Services are limited to no more than 504 hours per year.

KVC Missouri 330 North Gore Avenue St. Louis, MO 63119 (314) 968-2060	In-Home services are provided by KVC staff, one-on-one in the child's home and/or in the community. Services are provided to people 7 to 20 years of age and are individualized based on the child's needs.
Easterseals Midwest 11933 Westline Industrial Drive St. Louis, MO 63146 (314) 394-7100	In-home and drop-off services to people from toddler through adult age who have a diagnosis of Autism or Social Pragmatic Language Disorder (SPLD). In-home services are provided by ESMW staff one-on-one in the individual's home or in the community. Drop-off services are typically provided for a few hours, one day each weekend, and take place at ESMW's office.
St. Louis Arc 1177 N. Warson Road St. Louis, MO 63132 (314) 569-2211	ARCH Respite program offers in-home care for people of all ages with minimal support and those with higher medical or behavioral support needs through a supplemental reimbursement model. Families are responsible for identifying, hiring, and training their own in-home staff. Services take place in the individual's home, community, or the staff's home, based on the individual, family, and staff's preferences.

Facility-Based Support Services *(Respite)*

provide intermittent, short-term breaks to the primary caregivers. Services are limited to no more than 504 hours per year.

United Cerebral Palsy (UCP) Heartland Oak Tree Facility-based support 450 Oak Tree Drive St. Louis, MO 63119 (314) 962-0015	Short-term facility-based service provides non-medical supports in which people and their families schedule needed care during the day, evening, or overnight. Supports are available 24 hours a day, 7 days a week. The service is provided in a safe, home-like environment located in Webster Groves. Service is provided to people 18 years of age and older.

Community Transportation Services

support people in accessing the community through safe and reliable transportation.

Association on Aging with Developmental Disabilities 2385 Hampton Avenue, #110 St. Louis, MO 63139 (314) 647-8100	Services support people in accessing Social Club activities through various transportation resources. People must be 21 or older and attending a Social Club activity. This service is provided in the community.
LifeBridge Partnership 11457 Olde Cabin Road, Suite 235 St. Louis, MO 63141 (314) 989-1188	Services support people in accessing Out & About activities through various transportation resources. People supported in Out and About are graduates of secondary (high school) education. This service is provided in the community.
Paraquad, Inc. 5240 Oakland Avenue St. Louis, MO 63110 (314) 289-4200	Services support people in accessing their continuing education programs via fully accessible Paraquad vehicles. People must be 16 or older. This service is provided in the community.

Employment Training

Services support people to learn the skills they need to get a job, do well, and keep working. It gives people a chance to find work they enjoy and be part of the community.

Youth Employment Training Services

are time-limited and support youth currently enrolled in school to grow the skills needed to get and keep a job in the community.

MERS/Missouri Goodwill 2545 South Hanley Road Brentwood, MO 63144 (314) 647-7453	SWEP provides students, 16 to 20 years of age, with valuable summer work experience to assist with transitioning from school to work. Six partner agencies provide Job Coach support at various employers across the St. Louis County area.
St. Louis Arc 1177 North Warson Road St. Louis, MO 63132 (314) 569-2211	The Neighborhood Experiences Program provides summer volunteer opportunities for people 13 to 20 years of age. Participants volunteer at various locations in the community, based on their interests, and participate in workshops at the Arc's office.
Rise Services, Inc. 11828 Lackland Road St. Louis, MO 63146 314) 983-9230	The Employment Training collaboration with SSD provides training and coaching for one or two semesters of a student's final year of high school. Employment sites are arranged through SSD and based on each student's interests and long-term employment goals, with the goal of that student becoming employed at the host site or in the community in a similar job.

Adult Employment Training Services

are time-limited and support adults, post-high school, to grow the skills needed to get and keep a job in the community.

BCI 200 Trade Center Drive St. Peters, MO 63376 (636) 978-4300	Services are developed in collaboration with local businesses to align with workforce needs and prepare people for a wide range of job opportunities across industries. Participants complete 120 hours of comprehensive training in both hard and soft skills, then transition directly into the community workforce, equipped to succeed and earn competitive wages. Services are available to people ages 18 and older and offered at various locations throughout the greater St. Louis area.
Easterseals Midwest 11933 Westline Industrial Drive St. Louis, MO 63146 (314) 394-7100	Employment Training assists people 18 years of age and older in strengthening skills needed to obtain and keep employment in the community. Services are provided one-on-one, and skills are taught through training sessions that occur in a variety of settings, including businesses, libraries, ESMW offices, volunteer sites, or virtually.
Lafayette Work Center. 179 Gaywood Drive Manchester, MO 63021 (636) 227-5666	STEPUP Employment training program supports people 18 to 35 years of age who demonstrate a need to increase social skills and gain further employment training to obtain employment in the community. STEPUP offers a combination of classroom-based learning at their office and internships at partner business sites.
Mercy 615 S. New Ballas Road St. Louis, MO 63141 (314) 251-4844	People are supported in building their employment and communication skills while volunteering at various locations within Mercy's Healthcare system. Volunteer opportunities are chosen based on interest, ability, and opportunity for transferable skill development, with the end goal being employment in the community. People must be 16 years of age or older and must be able to adhere to the service standards set by Mercy.
St. Louis Arc 1177 N. Warson Road St. Louis, MO 63132 (314) 569-2211	The Employment Training program supports people 18 years of age or older in exploring their career interests. They provide various assessments, training opportunities, and one-on-one job coaching support. Services may take place at the Arc's office, at training and job sites in the community, or virtually.
Rise Services, Inc. 11828 Lackland Road St. Louis, MO 63146 (314) 983-9230	The Employment Training project provides targeted, short-term, goal-oriented training to people who need specific skill development to achieve their goal of community employment. Service is available to people 18 years of age or older. Sites are located across the greater St. Louis area and developed based on career interests and goals.

Employment

Services support working people in both sheltered and supported employment settings, with personalized support to help employees find a job they want.

Sheltered Employment Services

provide a supervised employment option with pay based on productivity. Sheltered Employment services offer opportunities for people to learn new work skills to grow to the next level of their job, self-advocate, or learn the soft skills involved in working with others (i.e., getting along with coworkers, understanding workplace culture, knowing how to navigate the social aspects of the breakroom/lunchroom, etc.).

Canterbury Enterprises, Inc. 7228 Weil Avenue Shrewsbury, MO 63119 (314) 781-3999	Heartland Industries, Inc. 9727 Green Park Industrial Drive St. Louis, MO 63123 (314) 487-7200	Lafayette Work Center 179 Gaywood Drive Manchester, MO 63021 (636) 227-5666
Lafayette Industries North, Inc. 4621 World Parkway Circle Berkeley, MO 63134 (636) 227-5666	ProjectCU, Inc. 2828 Brannon Avenue St. Louis, MO 63139 (314) 647-3300	Valley Industries 143 B McDonnell Boulevard Hazelwood, MO 63042 (314) 731-1771

Employment Transportation Services

support people in getting to/from their sheltered employer through safe and reliable transportation.

To apply for employment transportation, people must communicate their needs with a Support/Service Coordinator, should they have one assigned or their sheltered workshop employer.

OATS, Inc. 186 Northwest Industrial Court Bridgeton, MO 63044 (314) 888-6720	Southside Wellness Center 3017 Park Ave. St. Louis, MO 63104 ((314) 664-5024

Supported Employment Services

support people to work at a job they pick in the community. Supports are provided for no more than 40 hours per month to help people build employment skills to keep or grow in their career.

BCI 200 Trade Center Drive St. Peters, MO 63376 (636) 978-4300	Easterseals Midwest 11933 Westline Industrial Drive St. Louis, MO 63146 (314) 394-7100	Mercy Medical Center (Main Hospital) 615 S. New Ballas Road St. Louis, MO 63141 (314) 251-4725
Mercy Hospital South 10010 Kennerly Road St. Louis, MO 63128 (314) 251-4725	Paraquad, Inc. 5240 Oakland Avenue St. Louis, MO 63110 (314) 289-4200	Rise Services, Inc. 11828 Lackland Road St. Louis, MO 63146 (314) 983-9230
MERS/Missouri Goodwill Industries 2545 S. Hanley Road Brentwood, MO 63144 (314) 647-7453	St. Louis Arc 1177 N. Warson Road St. Louis, MO 63132 (314) 569-2211	United Cerebral Palsy (UCP) Heartland 4645 LaGuardia Drive St. Louis, MO 63134 (314) 994-1600

Human Resources Support

Each hospital below has a dedicated employee who creates job opportunities, recruits new employees, and advocates for current employees with disabilities. In addition, they provide training opportunities to encourage an environment of support for hospital employees with disabilities.

Mercy 615 S. New Ballas Road St. Louis, MO 63141 (314) 251-4725	St. Luke's Hospital 232 S. Woods Mill Road Chesterfield, MO 63017 (636) 685-7785

Frequently Asked Questions

How do I access PLB-funded services?

Contact the agency you are interested in to begin the enrollment process. It is recommended that if more than one agency provides the same service, you interview them to determine who you feel would best meet your needs.

A few sample questions you may choose to ask:

- How long have you been providing this service?
- What is different about how you provide this service compared to other local providers I may be talking to?
- What is the process for applying for services?
- Do you currently have a waitlist?

How much do PLB services cost?

PLB funds agencies so that all or most costs are covered for participants. Talk with the agency to determine if there is a cost associated with the service.

How long do I have to wait for services to start?

Waiting time varies as each funded agency has its own enrollment process. Should there be a waiting list, each agency maintains its own list.

Will PLB pay for my sheltered employment transportation?

To get PLB-funded transportation to and/or from your sheltered employer, talk with your Service/Support Coordinator or your sheltered workshop employer.

Do I have to have a Service/Support Coordinator to get PLB-funded services?

No, you do not need a Service/Support Coordinator to get PLB-funded services. You must have a diagnosed developmental disability as defined on page 2.

If I have a Medicaid Waiver, can I access PLB-funded services?

PLB funding is typically for people who don't have other funding sources, so you will want to contact your Service Coordinator (also may be known as the Case Manager or Support Coordinator) to inquire about whether the service you are seeking is available through your Medicaid Waiver.

Sample Interview Questions

for a potential provider. Please note that these are sample questions and you are not required to use them.

1. **How long have you been providing this service? What other types of services do you provide?**
2. **What is different about how you provide this service compared to other local providers that I may be talking with?**
3. **What is the process for applying for services?**
4. **Do you currently have a waitlist?**
5. **Does your agency complete background checks for your staff? How often are they repeated?**
6. **How does your agency train staff:**
    - To support people with behavior support needs?
    - To support people with personal care needs?
    - In CPR and First Aid?
    - To pass medication?
7. **Does your agency help with transportation for people who use your services?**
8. **How does your staff learn how to support each person? Do you use a plan to outline personal preferences and needs?**
9. **How often does your agency review the supports needed by the people you support? Who is included in the review?**
10. **How does your agency communicate with people who use your services?**
    - What is an acceptable response time if I have questions for staff?
11. **What happens if staff quit or are unavailable? Do you have a backup plan in place to continue supporting people?**

ST. LOUIS COUNTY
Family Navigation Services

Family Navigation services provide families with information on systems navigation, resources that meet their individual needs, and advocacy training. Family Navigators help individuals with intellectual and developmental disabilities and their families lead full lives that align with their personal goals.

Four agencies in St. Louis County provide navigation services. Learn more about these services below or visit IDDResourceGuide.org.

Family Navigation

Easterseals Midwest • 1-800-200-2119

Parents of individuals with autism and other developmental disabilities can sometimes feel overwhelmed. Easterseals Family Navigation Program ensures that families will not go through difficult times alone. They can help parents and caregivers navigate through services in the St. Louis area, provide a step-by-step plan to improve the quality of life for the entire family, support with transitions at each milestone throughout the person's life, and connect families to local resources and funding streams. Easterseals Family Navigators can help support you and your child every step of the way - from birth to adulthood.

St. Louis Arc • 314-569-2211

As a caregiver, you know what is right for your family member. However, navigating the many systems and resources available can be overwhelming. At the St. Louis Arc, a designated staff person is available to provide support to families. A Family Navigator's role is to provide families with much-needed support in discovering the information they need, connecting with peers, and obtaining resources and services to benefit the family.

Sunnyhill • 314-845-3900

F.R.I.E.N.D.S. stands for Finding Resources Important Everyday Needs and Disability Services. It is a central hub for families to call, email, or visit when they need help finding resources within the community to support their loved ones. Through F.R.I.E.N.D.S., Sunnyhill partners with other agencies to ensure individuals' needs are being met to the fullest by connecting families with the information they need. Whether it's finding recreational opportunities, residential placement, or help navigating the school system, F.R.I.E.N.D.S. is available to help!

UCP Heartland • 314-994-1600

Receiving a disability diagnosis or navigating a transition can be overwhelming to families. UCP Heartland offers one-on-one support through the Family Navigator Program and can engage with the Navigator anytime. Once you and the Family Navigator have established your needs, they'll connect you to services and follow up to ensure you are moving forward. It's like having a personal assistant! Program participants receive supports for information and referral to programs, advocacy, education, and family support.

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IDD GATEWAY RESOURCE GUIDE

Funded Services by County or City Board

Crisis Support

Family and Peer Support

Funding Systems

Advocacy Resources

You've got questions. We've got answers.

The IDD Gateway Resource Guide is a one-stop-shop for developmental disability resources in the St. Louis region.

On this site, parents, individuals, and service providers can find the solutions and resources that create opportunities for individuals with developmental disabilities to thrive in their homes and community. Below are a few questions that the IDD Gateway Resource Guide can answer.

How do I get started with Department of Mental Health?

How do I financially plan for my future?

What educational options are available?

Should we be considering guardianship? What alternatives exist?

What resources are there for someone experiencing a mental health crisis?

How do I pay for disability services?

Visit **IDDResourceGuide.org** or scan the QR code to learn more!

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